

**IPL Consent Form**

**Patient's Name**

**The Lumenis Intense Pulsed Light (IPL) M22** is a device used for many aesthetic procedures, including dry eye and rosacea. In approximately 85% of cases treated with a course of 4-5 sessions there is a significant improvement in the evaporative component of dry eye. Almost everyone notices some improvement in their dry eye symptoms. There is however no guarantee as to the the degree of improvement as everyone's response is individual to them. I understand that it often takes 3 sessions before symptoms start to improve. Usually 4-5 sessions are needed. I realise that I will be charged for each session as I have them and can stop at any stage. No refunds are made.

Individual response will vary according to skin type, hair color, degree of tanning, follow up care, and the body area being treated. Top up treatments may be needed at a future date.

I understand that there is a possibility of rare side effects that consist of pain, reddening, burning, swelling, fragile skin, discoloration and temporary bruising of the skin. A crust or blistering may form, which may take 5 to 14 days to heal. Colour changes, such as hyper-pigmentation (brown/red discoloration) or hypo-pigmentation (skin lightening), may occur following treatment. The discoloration may take several months to resolve but in rare cases it can be permanent. Unprotected sun exposure in the weeks before and following treatments is contraindicated as it may cause or worsen this condition. A blue- purple bruise (purpura) may appear on the treated area. This can last a couple of weeks up to a several months to completely resolve. Scarring and burns can occur but is very uncommon. These effects have all been fully explained to me\_\_\_\_\_ **(please initial)**

I have read and understand this agreement and all my questions have been addressed and answered to my satisfaction. I understand the procedure, and risks, accept the risks, and request that this procedure be performed on me by Andrew Matheson.

I understand this treatment is entirely voluntary on my part. I hereby indemnify and hold harmless Matheson Optometrists and all individuals associated with Matheson Optometrists the practice, and all staff members at the office of Matheson Optometrists from any and all liability, damages, cost and expenses arising from or out of the use of the Lumenis IPL System/Ellman Pelleve anti-wrinkle treatment..

I understand that I should not use any skin preparations that contain retinoid substances (eg retinal, retinol etc) for 2 days before treatment. I will not wear make-up on the day of treatment and on the following day. Moisturiser cream should be used for 4 days after treatment and high factor sun screen on sunny days.

I have watched and understood the Matheson IPL videos

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_